

## Review Article

### Homoeopathic Miasmatic Approach in Dermatitis

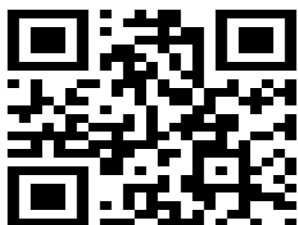
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#### ABSTRACT

Dermatitis is a general term for conditions that cause inflammation of the skin. Examples include atopic dermatitis (eczema), contact dermatitis and seborrheic dermatitis (dandruff). These conditions cause red rashes, dry skin and itchiness among other symptoms. In *homoeopathy*, *Miasm* are attributed to be the main obstacles to cure and the fundamental cause of Dermatitis. Hence this study is for the purpose to know the importance of antimiasmatic remedies. After case taking, we must find the miasm of a case to treat by antimiasmatic remedy for complete cure.

**Keywords:** Dermatitis, homoeopathy, management



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#### INTRODUCTION

“Dermatitis” is a word used to describe a number of skin irritations and rashes caused by genetics, an overactive immune system, infections, allergies, irritating substances and more. Common symptoms include dry skin, redness and itchiness.

Dermatitis causes no serious harm to your body. It is not contagious, and it does not mean that your skin is unclean or infected. There are treatment methods and medications that can manage your symptoms.

#### Types of Dermatitis

The types of dermatitis include, but are not limited to:

Atopic dermatitis (eczema).

Contact dermatitis.

Diaper dermatitis (rash).

Dyshidrotic dermatitis.

Neurodermatitis.

Nummular dermatitis.

Perioral/Periorificial dermatitis.

Seborrheic dermatitis (dandruff, cradle cap).

Stasis dermatitis.

#### Epidemiology

Anyone – young and old – can get dermatitis. Some examples include:

Your baby can get cradle cap and diaper rash.

Atopic dermatitis (eczema) usually begins in childhood, but anyone at any age can get it.

Anyone can get contact dermatitis as it just involves skin to substance contact.

Individuals with celiac disease are prone to dermatitis herpetiformis.

#### Risk factors include:

A family history of dermatitis, hay fever or asthma.

Being female.

Being African-American.

Contact dermatitis risk factors include:

If you work around chemicals such as in a factory, restaurant or garden.

Periorificial dermatitis risk factors include:

Being female.

Being ages 15 to 45.

Dyshidrotic dermatitis risk factors include:

If you sweat a lot.

Prolonged exposed to water and/or irritants.

If you live in a warmer climate.

### Signs and symptoms of dermatitis

The symptoms depend on the type of dermatitis. You may have one type, or you may have several. Each type may have one or more of the following symptoms:

Itching.

Red rashes and bumps.

Rashes that look and/or feel like a burn.

Dry skin.

Fluid-filled blisters.

Thickening, hardening and swelling skin.

Crusting, scaling and creasing skin.

Painful ulcers.

When scratched, the rashes may ooze fluid or bleed.

### Homoeopathic miasmatic approach

Dr. Hahnemann after 30 years of his practice found that some disease reappears due to miasm and discover the theory of Psora. He said "I After the various observation he conclude that all the skin eruptions which are suppressed by any treatment was recur in person life either with same or similar symptoms and gave a general name " Psora" which means " Internal Itch Disease". There are some remedies which are highly indicated anti-psoric medicines like Sulphur, Natrum mur., Ars. Alb, Ars. Iod, Apis, Hepar., Sepia, Lyco, Psorin, Lache, Nitric Acid, Aloes, Kali. Sulph, Bella, Cal.c, Kali.c, Phos etc. 1. Sulphur: It is the great Hahnemannian antipsoric medicine. Highly indicated and effective in all kind of skin infection where heat, itching and burning is present aggravated by heat. Dry and hard skin, dirty filthy people are prone to skin infection. Pimple like eruptions, pustules, voluptuous itching increased in warmth, washing, scratching and at evening. 2. Arsenicum Album: Itching, burning and swellings, eruptions, papular, dry, rough, scaly aggravated by cold and scratching. Urticaria with burning and restlessness. Psoriasis. Skin cold blue and wrinkled with cold clammy perspiration like parchment. Black vesicles. 3. Arsenicum Iodum: Large scaly skin dry with itching. Enlarged scrofulous gland. Acne hard, shotty,

indurated base with pustules at apex. Marked exfoliation of skin. Eczema of the beard. Watery oozing from eruption worse by washing. 4. Apis mellifica: Sore sensitive carbuncles. Hives with intolerable itching. Swelling after bites. Prickling over whole body, back, palms of hands, face, forehead and under eyes, chiefly in circumscribed points. Eruption of red spots, revealed numerous small vesicles exuded a moisture and forming thin or yellowish scales and crusts with intolerable stinging, burning and itching has to scratch still it bleed. eruption < by slightest breath of air and warmth of room and bed. 5. Hepar sulph: Acne on youth. Papules and every little injury extends to suppuration very much sensitive to touch and cannot bare to be uncovered want to be wrapped up warmly. Recurring urticaria, ulcers, herpes surrounded by little pimples or pustules spread by coalescing. Burning and itching on body with white vesicles after scratching. Eruption 6. mercurialism. Eruption very sensitive and sore to touch. 6. Sepia: Itching and burning of skin of various parts and genitalia without relieved by scratching. Herpes circinatus in isolated upper part of body on lips, nose and mouth. Ichthyosis with offensive odour of skin. Urticaria occur in open air. Ringworm eruptions at every springs. 7. Psorinum: It is especially adapted to psoric constitution. Herpetic eruptions on scalp and bends of joints, urticaria after every exertion, eczema behind ear, crusty eruptions all over body, pustules near finger nails, with intolerable itching and driven to despair due to that. Worse from warmth of bed. Dry scaly eruptions disappear in summer but returns in winter. Skin symptoms appear after suppression of itch and emotions. Dry scaly or moist, foetid, suppurating eruptions on scalp with oozing a sticky and offensive fluid. 8. Belladonna: Eruptions are like scarletina, suddenly spreading. Pustules on face. Skin becomes dry, hot, swollen, and sensitive and burns. Alternate redness and paleness of the skin. Induration after inflammation. Scarlet redness of skin of face and neck, followed second day by peeling

off of cuticle.

Redness, like scarlatina, of entire surface of body, with a white circle around mouth and nose, and great dryness in throat. Vesicular eruptions with scurf, whitish border and swelling. 9. Kali sulph: Nettle rash, eczema discharge decidedly yellow, slimy, sometimes sticky or watery matter. Burning, itching and popular eruptions. Psoriasis, seborrhoea. Ringworm of scalp with abundant scales. Suppressed rash of measles or other eruptive disease, with harsh and dry skin. Abundant scaling of epidermis. Burning, itching, popular eruption exuding pus like moisture. Recurring eruption of fine red pimples running together, red, swollen appearance, fluid oozes out copiously.(5) 10. Calcarea carb: nettle rash, warts on hand and face. Skin becomes unhealthy, readily ulcerating, small wounds do not heal readily. Petechial Eruptions. Itching on various parts of body < towards morning, in bed. Chronic form of urticaria, mostly disappearing in cold air. Erysipelas in repeated attacks. Milk-white spots on skin with dark borders. Scurfy pimples on border of free edge of lower lip. After suppressed eruptions or pimples on face produce.

### CONCLUSION

Hence there are various dermatitis conditions which can be treating with the help of homeopathic medicines. Various types of dermatitis diseases can be cured with the help of antipsoric remedies like sulphur, arsenicum album, kali sulph. by using repertoriesit embraces rubrics of clinical conditions and various common antipsoric remedies which can help in treating patient.

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