

Review Article

Cure Haemorrhoids with Allens’s Keynote

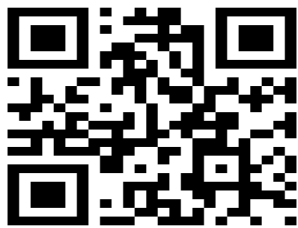
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ABSTRACT

This article explains highlight points of haemorrhoids. Details of Grading of haemorrhoids. It explains the role of homoeopathic medicines for individuals according to their symptoms.

Keywords: Haemorrhoids, Allens’s Keynote, homoeopathy



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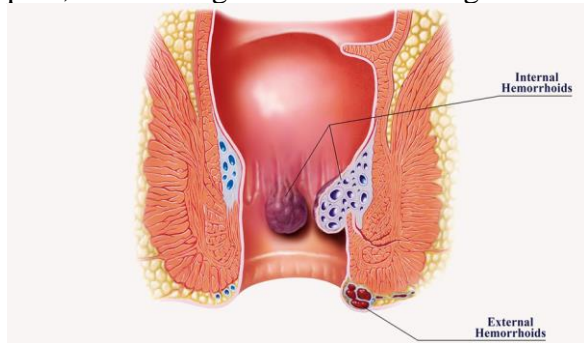
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INTRODUCTION

Haemorrhoids are swollen veins in the lowest part of rectum and anus. Sometimes, the walls of these blood vessels stretch so thin that the veins bulge and get irritated, especially when person passes stool. Hemorrhoids are also called piles. These swollen veins inside the rectum or outside the anus can cause pain, anal itching and rectal bleeding.



Causes of Haemorrhoids

Hemorrhoids are very common, occurring in half of all men and women by age 50.



CAUSES of Hemorrhoids



Constipation – constipation leads to put more

strain while passing stool and that will indirectly increase the intra-abdominal pressure and affect upon the rectal venous pressure

Hard stool- if you have hard stool due to lack of taking fibers rich diet then it will make you to give more strain

Hyperacidity and flatulency condition also increases the intra-abdominal pressure and causes piles.

Prolonged -sitting for hours together

Lacks of physical activities

Obesity

Pregnancy- the pregnancy also contributes a factor of increasing intra-abdominal pressure and developing piles.

Chronic diarrhoea also have the chance of developing piles

Types of Haemorrhoids

Internal haemorrhoids.

External haemorrhoids.

Internal haemorrhoids

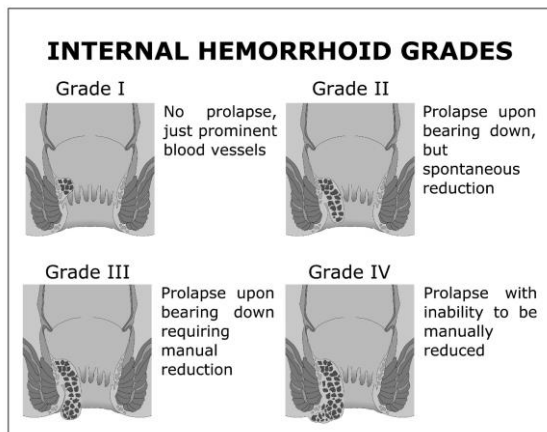
Swollen veins inside the rec tum. They may bleed but they aren’t painful. Following are the grades of internal type. :

Grade I haemorrhoids bleed but do not prolapse; on colonoscopy, they are seen as small bulges into the lumen.

Grade II haemorrhoids prolapse outside the anal canal but reduce spontaneously.

Grade **III** haemorrhoids protrude outside the anal canal and usually require manual reduction.

Grade **IV** haemorrhoids are irreducible and constantly prolapsed. Acutely thrombosed hemorrhoids and those involving rectal mucosal prolapse are also grade IV.



- External haemorrhoids : Swollen veins underneath the skin around the anus. Sometimes bloods feels in it. They may occasionally bleed. They are itching and painful.

Symptoms

Bright red blood after passing stool.

An itchy anus.

Feeling like you still need to pass stool after going to the toilet.

Slimy mucus in your underwear or on toilet paper after wiping your bottom.

Lumps around anus.

Pain around anus.

Important homoeopathic remedies from allens's keynote

Aesculus: Rectum is dry and heat of, feels as if full of small sticks. Knife-like pains shooting up the rectum, haemorrhoids are blind, painful, burning, purplish, rarely bleeding. Hard, dry stool, difficult to pass, accompanied with severe lumbo-sacral backache. Stool followed by fullness of rectum and intense pain in anus for hours.

Aloe: Diarrhoea – has to hurry immediately to the closet after eating and drinking, with want of confidence in sphincter ani, driving out of bed early morning. When passing stool, sensation as if would pass stool. Blue, like a bunch of grapes, constant bearing

down in rectum, bleeding sore, tender, hot relieved by cold water, intense itching. Itching and burning in anus preventing sleep.

Arnica montana: dysentery; with ischuria, fruitless urging; long interval between the stools. Constipation: rectum loaded, faeces will not come away, ribbon-like stools from enlarged prostate or retroverted uterus.

Anacardium: Great desire for stool, but with the effort the desire passes away without evacuation, rectum seems powerless, paralyzed, with sensation as if plugged up. Stomach -sensation of fasting “all-gone”, comes on only when stomach is empty and is > by eating; > during process of digestion.

Bryonia: Constipation-inactive, no inclination; stool large, hard, dark, dry, as if burnt; on going to sea. Diarrhea – during a spell of hot weather; bilious, acrid with soreness if anus; like dirty water; of undigested food; from cold drinks when overheated, from fruit or sour kroot; <in morning, on moving, even a hand or foot.

Carbo veg: Weak digestion; simplest food disagrees; excessive accumulation of gas in stomach and intestines < lying down; after eating or drinking, sensation as if stomach would burst; effects of a debauch, late suppers, rich food. Eructations give temporary relief. Frequent, involuntary, cadaverous smelling stools, followed by burning; soft stool voided with difficulty.

Graphites: Diarrhea : stool brown, fluid mixed with undigested substances, and of an intolerable odor often caused by suppressed eruptions. Chronic constipation; stool difficult, large, hard, knotty, with lumps united by mucus threads; too large; smarting sore pain in anus after stool.

Hamamelis virginiana: haemorrhoids: bleeding profusely; with burning; soreness, fullness, heaviness; as if back would break; urging to stool; bluish colour; anus feels sore and raw. After haemorrhage from piles, prostration out of all proportion to amount of blood lost.

Ignatia: Prolapsus ani from moderate straining at stool. Stooping or lifting; < when the stool is loose. Haemorrhoids – prolapse with every stool, have to be replaced; sharp

stitches shoot up the rectum; < for hours after stool.

Nitricum acidicum: Diarrhea – great straining but little passes, as if faeces remained and cannot be expelled; pain as if rectum or anus were torn or fissured; violent cutting pains after stools, lasting for hours. Fissure in rectum, tearing, spasmodic pains during stool, lancinating, even after soft stools.

Nux vomica: Constipation; with frequent unsuccessful desire, passing small quantities of faeces; sensation as if not finished. Frequent desire for stool, anxious, ineffectual, > for atime after stool; in morning after rising; after mental exertion. Alternate constipation and diarrhea, in persons who have taken purgatives all their lives.

Pulsatilla Nigricans: Diarrhoea – only, or usually at night, watery, greenish-yellow, very changeable; soon as they eat; from fruit, cold food or drinks, ice-cream. “all-gone” sensation in stomach, in tea drinkers especially.

Ruta Graveolens: Prolapse of rectum, immediately on attempting a passage, from the slightest stooping; after confinement; frequent unsuccessful urging.

Sepia Officinalis: Constipation- during pregnancy; stool hard, knotty, in balls, insufficient, difficult; pain in rectum during and long after stool, sense of weight or ball in anus, not > by stool.

Silicea Terra: Constipation- always before and during menses; difficult as from inactivity of rectum; with great straining, as if rectum was paralysed; when partly expelled, recedes again. Faeces remain a long time in the rectum. Fistula in ano alternates with chest symptom. Fissure ani; great pain after stool.

Sulphur: Diarrhoea – after midnight, painless, driving out of bed early in the morning; as if the bowels were too weak to retain their contents. Constipation – stool hard, knotty, dry as if burnt, large painful, child is afraid to have the stool on account of pain, or paincompels child to desist on first effort; alternating with diarrhoea.

Haemorrhoids, that have been treated with ointments.

Syphilitum: Obstinate constipation for years; rectum seems tied up with strictures, when enema was used the agony of passage was like labour. Fissures in anus and rectum; prolapse of rectum; obstinate cases with syphilitic history.

Terebinthiniae Oleum: diarrhoea – stool, watery, greenish, mucus; frequent, profuse, fetid, bloody, burning in anus and rectum fainting and exhaustion after. Haemorrhages; from bowels, with ulceration; passive, dark with ulceration or epithelial degeneration.

Thuja Occidentalis: Constipation- violent pains in rectum compel cessation of effort; stool recedes, after being partly expelled. Piles swollen, pain mostl severe when sitting. Diarrhoea – early morning; expelled forcibly with mucus flatus; gurgling, as water from a bunghole; > after breakfast, coffee, fat food, vaccination, onions. Anus fissured, painful to touch, surrounded with flat warts, or moist mucus condylomata.

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