

Case study

To Study the Effect of Constitutional Medicine on Warts with Miasmatic Significance

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ABSTRACT

Warts are very common disorder which are found in OPDs. There are no. of therapy for removal of warts are in trend like, lazer, cautery, and also some local applications are used to remove warts but they not actually permanently anihilate the warts or they can no longer able to break the recurring warts. Homoeopathy is the one who can able to cure every type of chronic disease permanently, so it is able to cure every type of warts also. In this study we will see the effect of constitutional remedy on the warts and after the study we will see the following things.

Objectives of the Study

To study the clinical presentation of warts.

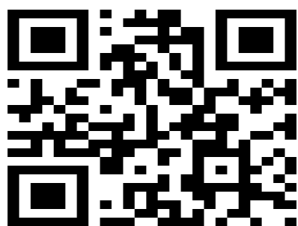
To study the effectiveness of Homoeopathic medicines in the treatment of warts

To study the role of miasms in the development of warts.

Methods

The subjects were taken from the O.P.D and peripheral centers of Homoeopathic Medical College Bhopal. Cases were screened after fulfilling the inclusion as well as exclusion criteria and were followed for a minimum period of three months. The diagnosis was made on the basis of strong clinical presentation. A totality of symptoms was erected in each case and a remedy was selected for each case after referring Homoeopathic Materia Medica, Therapeutics and various repertories according to the availability and presentation of symptoms. After following up cases the inferences were drawn by analysis of the outcome.

Keywords: Homoeopathy; warts; Miasmatic Significance



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INTRODUCTION:

A wart is a small over growth which is rough, flat, or cauliflower like or horny that can appear anywhere on the body. They can looks like a solid blister or a small cauliflower.

Warts are caused by various strains of human papillomaviruses. Different strains may cause warts in different parts of the body. Warts can be spread from one location on the

body to another or from person to person by contact with the wart.

The appearance of wart depends on its location on the body and the thickness of the skin. People with weak end immune system are more likely to have warts.

In homoeopathy there are many methods of prescribing are used to be in trend by the modern homoeopathic physicians.

Many doctors use therapeutic method of prescribing, some doctors uses therapeutic prescribing and many of them uses keynote prescribing.

But the ultimate goal of every homeopathic prescriber should be to achieve the cure by any mean but cure should always be based on the fundamentals of homeopathy and regulations of organon of medicine.

Constitutional medicine

Constitutional medicine is those which are the similimum selected on the basis of individual's physical and mental constitution along with totality of symptoms and it covers the individual as a whole, and even prescribed in acute situations.

Therapeutic approaches and treatment in Homeopathy

The mission of a homeopathic physician is to restore the sick to health. This includes curative, preventive and promotive care. On this endeavour the Homeopathic physician may encounter with different types of cases in their day-to-day practice and in each type of case, his approach may deferrer depending on the clinical exigencies.

Hahnemann had given the fundamental principles in order to achieve the desired result. And he also classified the clinical presentation in to different classes, types, and sub-types. Each class of the cases demands a different method of approach.

Therefore, it is necessity to the every physician to understand the case properly and to use the knowledge explained by Hahnemann in the organon of medicine, to recognize the appropriate class as mentioned in the clinical classification of diseases.

This all turn and helps the physician to select the relevant method of case study in every individual case, which forms the main source of prescription.

Miasmatic significance in relation to warts

Warts are fleshy, or hard overgrowths found different parts of the body, to understand miasmatic relationship of warts one should know about the different type of miasms.

In the early times of practice of master Hahnemann, he saw in many cases that there are many diseases that comes recurrently and ultimately they cause even death. So for that sake he gave the theory of chronic disease

and he told that the miasm are the causes of disease. He classified the disease into different categories like acute disease, chronic disease, artificial disease etc, on that basis the cause of different diseases are also different miasm because miasms are the cause of every type of disease.

Miasm word has originated from the greek word *miasma* meaning polluting exhalations, malarial poison etc. Miasm refers to the dynamic disease producing power which stains and pollutes the human organism with unhealthy tendencies and thus become the producer of different types of disease. .

Miasm are of 2 types

1. Acute miasm
2. Chronic miasm

Chronic miasm are the fundamental causes of the chronic diseases. There are 3 types of chronic miasm are:-

Psora

Syphilis

sycosis.

Psora is the most important chronic miasm which is the only real fundamental cause and producer of innumerable forms of disease.

Sycosis or the venereal fig wart disease is a venereal chronic miasm primarily manifested externally by the condylomatous and cauliflower like growth on genitals.

Syphilis is the venereal chronic miasm primarily manifested outwardly by the venereal chancre developed following an impure coition.

Aims and objectives

Aim:

To study the role of constitutional medicines in the management of warts with miasmatic significance.

Objectives:

The overall objective is to study the role of constitutional medicines in the management of warts with miasmatic significance.

1. To study the miasmatic background and its implication in warts
2. To study the effect of constitutional medicines in the treatment of warts

Research question:

Whether constitutional medicines play an important role in the management of warts with miasmatic significance?

Hypothesis:

Null hypothesis

There is no significant role of constitutional medicines in the management of warts with miasmatic significance.

Result and conclusion

The topic of my study is “To study the effect of constitutional medicine on warts with miasmatic significance.”

This study is done in college OPD and IPD patients. For this study purpose patients were selected by random sampling method from college OPD and IPD patients.

Research Design for research study is a prospective study. Sampling was done by Random sampling method, cases were taken according to given inclusion and exclusion criteria.

Sample size for the study were 30 cases, these cases were divided into two groups, one group is prescribed as constitutional medicine while other group was prescribed as therapeutic medicine and each group have 15 patients.

Constitutional medicine for the First group was selected with the help of case taking, totality of symptoms, analysis of case and repertorization and for second group was selected a therapeutical remedy with the knowledge of materia medica. Regular follow up's were done to know the effects before and after treatment in each group. The assessment of the improvement is done

Statistical analysis were done after end of study to see the significance of constitutional medicine in cases of warts, conclusions were made at the end of study, which are as follows.

Gender incidence

During the study it is found that Warts is more prevalent in male as well as female and Among the total 30 cases In this study 15 male and 15 female patients were studied i.e. 50.00 % male and 50.00 % female.

Age incidence

During the study it is found that the prevalence of Warts is mostly found in, that the maximum patient was in the age group 41-50 years of age i.e. (7 cases) (23.3%) followed by 21-30 years (6 cases) (20.00%) and 11-20 years (6 cases) (20.0%), 31-40 years (5 cases) (16.6%), 51-60 years (4

cases) (13.33%), 61-70 years (1 case) (3.33%), 0-10 years (1 case) (3.33%)

Fundamental miasm's

Distribution of cases according to fundamental miasms. . Out of 30 cases of , 24 cases (80.00%) cases had the fundamental miasms sycosis, 05 (16.66%) cases had the fundamental miasm psora- sycosis and 01 (3.3%) cases had fundamental miasm sycosyphlytic.

Distribution of types of warts

During the study distribution of diseases in total 30 cases of Warts. It shows that 13 i.e. (43.33%) cases are Common Warts, 6 cases (20.00%) of Genital warts, 6 cases (20.00%) of plantar warts, 3 cases (10.0%) of Filliform Warts, 2 cases (6.6%) of Mosaic Warts.

Distribution of occupation

During the study distribution of occupation of the patients in total 30 cases of Warts. It shows that 10 cases i.e. (33.33%) patients were students , 8 patients (26.66%) are house wives, 5 case (16.66%) are in private jobs, 4 patients (13.33%) are in govt job, 3 cases i.e.(10%) was businessmen, 1 patient (3.33%) was retired person.

Distribution of medicines

During the study 30 cases were analyzed and the distribution of 30 cases was shown that, 4 patients i.e (13.33) were given thuja, 4 patients i.e. (10%) Antim crud, 3 patients (10%) lycopodium, 3 cases i.e (10%) calc. Carb, 3 patients i.e (10%) cases was acid nit., 3 patients i.e. (10%) cases were given sepia, 2 patients i.e. (6.6%) was Nat. Mur., 02 patients i.e (6.6%) causticum, 2 patients i.e. (6.6%) was sulphur, 2 patients i.e. (6.6%) was silicea, 2 patients i.e. (6.6%) patients was given dulcamara.

Distribution according to recovery

Out of 30 cases, recovery is seen in 16 cases (53.33 %), improvement is seen in 8 cases (26.66 %), and 06 cases (20.0%) were not improved.

Out of 30 cases 15 Cases was given constitutional remedy from this 9 cases was recovered, 04 cases improved and 02 case was not improved.

Out of 30 cases 15 Cases was given therapeutic medicine from this 07 cases was recovered, 04 cases improved and 04 case was not improved.

So after the analysis of the results obtained that there is significant role of constitutional medicine in cases of warts.

The second objective of my study is to explore the miasmatic significance of warts, in this study it comes out that sycotic miasm have main significant role in warts. In this study we selected 30 cases of warts randomly, and the cases were analysed with the help of statical methods, medicine in 15 case was selected with the help of case taking, totality of symptom and repertorization and in remaining 15 cases the medicine were selected on the basis of therapeutics of warts. At the end of the study we saw that there is significant role of constitutional medicine in cases of warts and sycotic miasm is the main miasm in the cases of warts.

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