

## Review Article

### Scope of Homoeopathy in Lipoma

Shailendra Sharma, Divya Rawal\*

Shri Bhagwan Homoeopathic Medical College and PG Institute, Aurangabad. Maharashtra, India-431003

#### ABSTRACT

Lipoma is the painless lump which can appear on any part of the body. Prevalence 2% per 100 people. Its great matter of cosmetic problem if it appears on the face and hands. Usually treatment is surgical excision. there are chances of recurrences after the surgical intervention. Thus with homeopathy we can treat this condition effectively and the chances of recurrences also be prevented.

**Keywords:** Homoeopathy, lipoma, treatment

#### Address for Correspondence:

**Dr. Divya Rawal**

Shri Bhagwan Homoeopathic Medical College and PG Institute,  
Aurangabad. Maharashtra, India-431003

**Conflict of Interest:** None Declared!

*(Received 15 May 2019; Accepted 30 May 2019; Published 24 July 2019)* ISSN: 2347-8136 ©2018 JMPI

#### INTRODUCTION:

lipoma is the benign tumour arising from the adipocytes. it is characteristically soft and lie more deeply in the skin than the epidermal tumours, movable and generally painless. except in brain they can occur anywhere in the body thus known as 'universal tumour'. it is mobile and edges will be slipping between the palpating fingers. skin is usually free. pain is uncommon unless it is neural element or it compresses the nerve or adjacent structures.

it is composed of mature adipocytes and uniform nuclei. based on the presence of capsules it can be localised or diffuse. diffuse lipomas are common in the palm, sole, head and neck. based on the site of appearance it can be superficial or deep, superficial are common in subcutaneous plane and can appear in back, neck, proximal extremities and abdomen. deep lipomas are commonly intramuscular but it can be intermuscular or both intra and intermuscular. they tend to attain large size. Single lipomas are the common ones to be seen in the subcutaneous plan. multiple lipomas are 15% commonly seen in males in sites like back, shoulder, upper arm and can be associated with many syndromes.



#### Types

##### Based on the component

- Hibernoma-benign tumour arising from brown fat
- Fibrolipoma-lipoma with fibrous component
- Naevolipoma-lipoma with telangiectasis
- Neurolipoma-lipoma with nerve tissue
- Angiolipoma-lipoma with vascular tissue
- Myolipoma-lipoma with smooth muscles
- Chondroid lipoma-lipoma with chondroid (tissue resembling cartilage)
- Spindle cell lipoma-lipoma with spindle cell
- Pleomorphic lipoma-lipoma with spindle cell lipoma

- Lipoblastoma-lipoma of immature fat occurring in infant boys particularly in the subcutaneous tissue of extremity
- Lipoma arborescens-lipoma occurring in a joint or tendon sheath or with diffuse villonodular proliferation in the synovium.

**BASED ON THE SITE-**

- Subcutaneous-lipoma under the skin
- Subfacial-lipoma situated below the facia
- Intramuscular-lipoma within the muscle
- Parosteal-lipoma immediately adjacent to the peristeum of a bone
- Subserosal-lipoma under the serous membrane
- Submucosal-lipoma below the mucosal layer
- Extradural-lipoma situated outside the duramatter
- Intraarticular-lipoma within the joint
- Subsynovial-lipoma below the synovium
- Subperiosteal-lipoma occurring beneath the periosteum
- Interosseous-lipoma situated between the bones
- Intraglandular-lipoma within the gland

**Best homeopathic medicines for lipoma**

**CALCAREA CARB** - One the top homeopathic medicine for lipoma for the obese

Calcarea carb is the one of the constitutional homeopathic medicine for lipoma.generally the person requiring calc.carb is obese.various constitutional characters need to be verified before its use.the first among these is the tendency to sweat excessively on the head.sensitivity to cold air.craving for boiled eggs and indigestible things like lime and chalk.long standing constipation and acidity may be found associated with lipoma in a few cases.homeopathy medicine calc.carb can help in the complete disappearance of the lipoma

**SULPHUR**-Homeopathic medicine of great help in the treatment of the lipomas

Sulphur is the next constitutional medicine.extreme hot sensation in the body.the heat may be more marked in the palm,soles and the head.the skin remains mostly dry and looks dirty.some sort of skin trouble at present or in the past may be looked at while taking up the patients case.another characteristics features is a marked aversion to bathing and in dietary the patient may be high demand for sweets.

**BELLADONNA**- one of the top grade remedy for painful lipomas

Homeopathic medicine belladonna is beneficial when the lipoma is painful.the pain may worsen on touching the lump here.belladonna will help in providing relief from pain and also dissolving the lipoma

**THUJA**- great help in treating abnormal growth originating anywhere in the body.thuja possesses a powerful ability to help in complete dissipation of fatty accumulations.if a person with lipoma has high blood cholestrol level.

**REFERENCES**

1. Bhat sriram.SRB`s Manual of surgery.5th edition new delhi jaypee brothers medical publishers(P) Ltd;2017.71-72.
2. Dhawle M.L.Principles and practice of homeopathy part-1.3 rd edition.New Delhi indian books and periodicals publishers;2010 3-4,309,312
3. Davidson`s principles and practice of medicine 22nd edition,edited by Brian R.Walker, Nicki R. Colledge, staurt H. Ralston, Ian D. Penman.
4. Pocket manual of homeopathic materia medica by william boericke, 9th edition;144-147,620-622110-114,643-645.