

Review Article

Case of Leucorrhoea with Sabina

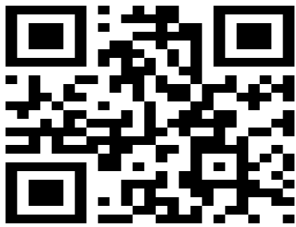
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ABSTRACT

Leucorrhoea is not a disease, it is a symptom. Leucorrhea or vaginal discharge is a whitish or yellowish discharge from the vagina. It is normal during the age of puberty of girls, menstrual cycle beginning and during pregnancy. It is a physiological condition when women experience the vaginal discharge but it may cause irritant during puberty age of girls. Vaginal discharge happens due to stimulation of estrogen hormone.

Keywords: Leucorrhoea, Homoeopathy, management



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Conflict of Interest: None Declared!

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INTRODUCTION

PRELIMINARY DATA:

Name: Mr P. s

Age: 38 years

Sex: Female

Religion: Hindu

Occupation: Businessman

Marital status: married

Address:

Chief Complaint: -

Leucorrhoea for 4 months.

Discharge starch boiled-like, ropy stringing, and tenacious consistency.

Itching. Pain radiates from the vagina to the uterus or up as far as the umbilicus.

Headache

History of Present complaint–

The patient is a 38-year-old female who presents with leucorrhoea starch boiled-like, ropy stringing, and tenacious consistency for 4 months. Itching. Shooting knife-like pains cause the patient to scream out shooting up the vagina to the uterus or up as far as the umbilicus.

Bursting headache suddenly coming and going slowly.

Past history– Not specific

Family history– Father- Diabetes

Physical general:

i. Appearance: dusky skin; she never takes on fat; is not robust.

ii. Taste: Not specific.

iii. Diet: NON VEGETERIAN

iv. Appetite: normal

v. Thirst: Normal

vi. Desire: lemonade's

vii. Craving: Not specific.

viii. Aversion: Not specific

ix. Intolerance: Not specific

x. Food/Drinks: Not specific

xi. Sleep: Normal.

xii. Dreams: Daily routine

xiii. Habit: tea in morning

Natural Elimination –

Perspiration: Normal

i. Urine: normal

ii. Stool: Normal

Thermals – Hot wants always open cool air even in cold weather.

LOCATION	SENSATION	MODALITY	CONCOMITANTS
Female genital	Leucorrhoea starch boiled-like, ropy stringing, and tenacious consistency. Itching Shooting knife-like pains cause the patient to scream out shooting up the vagina to the uterus or up as far as the umbilicus.		
Head	Bursting headache suddenly coming and going slowly.		

Mind:

Much irritability.

Hysteria, and hypochondriasis.

Music is intolerable.

General examination.

- Height: 160 cm
- Weight: 70kg
- Tongue: coated
- Pallor: present
- Icterus: Absent
- Cyanosis: absent
- Edema: absent
- Nails: pink
- Gait: normal
- Blood Pressure: 130/86 mm hg
- Temperature: 98
- Pulse Rate: 84/ min
- Respiratory Rate: 20 / min

Systemic examination-

RS - AEBE, No Ronchi, Chest Clear.

CVS- S1, S2 Heard, No Murmur

CNS- Patient Conscious, Well Oriented Obeying Command

GIT- No Organomegaly, Abdomen Soft, No

Ascites

Provisional diagnosis- Leucorrhoea, Vaginitis

Final diagnosis- Leucorrhoea.

Analysis of symptoms–

Mental Symptoms:

Much irritability.

Hysteria, and hypochondriasis.

Music is intolerable.

Physical Generals: Desire: lemonade’s.

Dusky skin; she never takes on fat; is not robust.

Hot wants always open cool air even in cold weather.

Physical Particular: Leucorrhoea discharge starch boiled-like, ropy stringing, and tenacious consistency.

Itching.

Pain radiates from the vagina to the uterus or up as far as the umbilicus.

Headache.

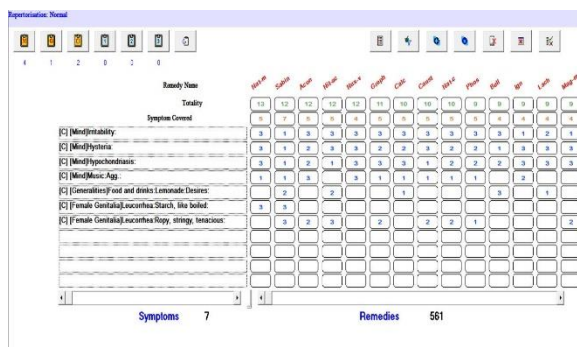
Evaluation of symptom–

Much irritability.

Hysteria, and hypochondriasis.

Music is intolerable.

DATE	SYMPTOMS	ACTION
18-jan-23	Discharge starch boiled-like, ropy stringing, and tenacious consistency ++. Pain in the vagina to the uterus or up as far as the umbilicus ++. Itching ++. Headache present. Irritability present.	Sabina 30 BD FOR 3 DAYS STAT SAC LAC THREE TIMES A DAY FOR 14 days
4-feb-23	Discharge starch boiled-like, ropy stringing, and tenacious consistency reduced. Pain in the vagina to the uterus or up as far as the umbilicus ++. Itching reduced. Headache present. Irritability present.	Sabina 30 BD FOR 3 DAYS STAT Sac Lac For I month
10-march-23	Overall better. Discharge reduced. Pain in the vagina reduced. Itching and headache reduced. No irritability.	Sabina 30 BD FOR 3 DAYS STAT Sac Lac For I month
14-apr-23	Overall better Discharge present with itching.	Sabina 30 BD FOR 3 DAYS STAT Sac Lac For I month
20-may-23	Overall better No discharge.	Sabina 30 BD FOR 3 DAYS STAT Sac Lac For I month
10-jul-23	Overall better.	Sabina 30 BD FOR 3 DAYS STAT Sac Lac For 2 months



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