

Case Study

Case Study of Psoriasis

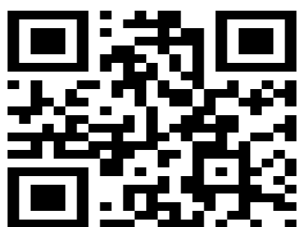
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ABSTRACT

A 63-year-old female patient came with complaint of maculo papular eruption on skin B/L left feet palm and flanks since 8 month. Intense itching and burning better by ice application.

Keywords: Homoeopathy, management, Psoriasis



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INTRODUCTION

A condition in which skin cells build up and form scales and itchy, dry patches. Psoriasis is a chronic(long lasting) disease in which the immune system becomes overactive, causing skin cells to multiply too quickly. Patches of skin become scaly and inflamed, most often on the scalp, elbows, or knees, but other parts of the body can be affected as well.

Case - Chief Complaint

Patient came with complaint of maculo popular eruptions with red borders since 8 months. Itching in palms, feet, legs and flanks. Circular eruptions in the skin burning all over the skin. Modalities > ice application. k/c/o – Hypertension, colon ulcer.

Past History – colon ulcer in 2001, Prolapsed intervertebral disc.

Family History – sister: Breast cancer.

PERSONAL HISTORY:

Appearance- Fair, Obese, Black spots on feet and hands.

Digestion-Appetite- Good, Can tolerate hunger. Both veg and nonveg

-Likes- Chicken +2 - Dislikes- N.S.

-Thirst- Moderate- 2-3L/day, Normal tap

water

-Food/Drink-Ag/Amel- N.S

Elimination:- Stools- Twice a day, satisfactory - Perspiration- Morderate, on back, N.O, N.S - Urine- N.S.

Sleep- 6-7 hrs, Refreshing.

Dreams- N.S

Gynaec and Obs History:

Menopausal since 17yrs

FMP- 13years of age

Obs history: G1P1A0L1- Son- 32 yrs old

General Examination:

Pulse – 78/min

BP- 130/90mmHg Temp- Afebrile

SYSTEMIC EXAMINATION:

R.S- AeBe clear

CVS- S1S2 heard GIT- Soft, non-tender

CNS- Conscious, well oriented.

LOCAL EXAMINATION- Black, shiny, circular maculo-papular eruptions.

MIND: -

Stays with husband. Son is in Canada.

Anger+3- when things are not done according to her - expresses to only those whom she knows.

- she won't say anything. Would want the other person to approach her.

Anxiety+2- on trivial matters. - before any event. Has to tie a knot to remember things.
 Desires company. Embarrassment+- About disease, wears socks to cover it when going out
 Forgetfulness+3- Has to write things down; **Analysis**

LOCATION: - Skin- B/L legs, palms, flanks O- Sudden D- Throughout P- Increasing	SENSATION: - Maculo-papular eruptions - Itching+3 - Burning	MODALITY: > Ice application	CONCOMITANT: ---	CLASSIFICATION: Complete, characteristic physical particular symptom characterized by intensity.
Likes- Chicken +2				Characteristic physical general symptom
Perspiration- On back				Characteristic physical particular symptom
Thermally- Chilly+2				Characteristic physical general symptom
Anger+3 when things not done according to her				Characteristic mental emotional symptom
Anxiety+2 before any event				Characteristic mental emotional symptom
Forgetfulness+3				Characteristic mental intellectual symptom
Desires company+				Characteristic mental emotional symptom

Evaluation of symptoms

1. Anger+3 when things not done according to her.	Characteristic mental emotional symptom
2. Forgetfulness+3	Characteristic mental intellectual symptom
3. Anxiety+2 before any event	Characteristic mental emotional symptom
4. Desires company+	Characteristic mental emotional symptom
5. Thermally- Chilly+2	Characteristic physical general symptom
6. Likes- Chicken +2	Characteristic physical general symptom
7. Perspiration- On back	Characteristic physical particular symptom
8. Eruption- Itching+3 on skin of B/L legs, feet, palms, flanks > Ice application	Complete, characteristic physical particular symptom characterized by intensity.

Differential Remedies:- LYCOPODIUM, SEPIA, SULPHUR

Final Remedy:- LYCOPODIUM

Approach:- REPERTORY OF HOMEOPATHIC MATERIA MEDICA BY DR. J.T. KENT REASONS:

As suggested by Dr. Kent, a man is disease is to be treated rather than disease in

man.

In this case, many characteristics are seen at the level of mind, generals and particulars.

Kent's repertory is the general and logico-utilitarian type of repertory which leads to select perfect similimum to the case.

Posology With Reason:-

Lycopodium 200 was chosen

Reason- High susceptibility
 CHARACTERISTICS MORE AT THE
 LEVEL OF MIND AND GENERALS. • NO
 SIGNIFICANT HISTORY OF
 SUPPRESSION

NO SINIFICANT F/H OR P/H.
 Final Prescription:- Lyco 200 tds x 7 days,
 SL (1P) H.S.
 Follow up :- After 7days

04-02-2022	1. Eruptions on feet and legs ->-SQ- Itching, redness and burning worse after bathing with warm water	2. Eruptions on palms ->-	3. Generals- Normal	Rx, Sulph 200 tds x 3 days, SL 200 tds x 3 days.
11-02-2022	1. Eruptions on feet and legs ->- Itching, redness and burning worse after bathing with warm water. - New patches	2. Eruptions on palms ->- Itching+	3. Generals- Normal	Rx, Sulph 200 tds x 7 days,
	seen on feet			

23-02-2022	1. Eruptions on feet and legs ->- Itching ->- 40% Burning ->-	2. Eruptions on palms ->- 70%	3. Generals- Normal	Rx, Jasmin flora tds x 3 days, SL 200 SOS.
02-03-2022	1. Eruptions on feet and legs ->- Itching ->- 40% Burning -0-	2. Eruptions on palms ->- 80%	3. Generals- Normal -Sleep disturbed due to stress	Rx, Jasmin flora tds x 7 days.
09-03-2022	1. Eruptions on feet and legs ->- Itching ->- 50% Burning- occ. A/F- Going out (Dry climate or dust)	2. Eruptions on palms ->- 80%	3. Generals- Normal -Sleep disturbed due to stress	Rx, Jasmin flora tds x 7 days.

23-03-2022	<p>1. Eruptions on feet and legs <u>New</u> eruptions on Left leg. Itching -> No burning.</p> <p>4. N.C. Pain in throat Cough with expectoration- whitish, moderate. A/F- outside food (<u>ice cream</u>)</p>	<p>2. Eruptions on palms -></p> <p>5. Generals- Normal Sleep- refreshing</p>	<p>3. N.C. <u>since</u> 2-3 days Pain in Right ankle joint. A/F- overexertion</p>	<p>Rx, Sulphur 200 <u>tds</u> x 7 days. Jasmine flora (1P)</p>
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Symptoms: 7 Remedies: 231 Applied Filter

Remedy Name	Lyc	Sep	Nux-v	Ars	Phos	Calc	Caust	Ign
Totality / Symptom Covered	17 / 7	15 / 6	14 / 6	13 / 7	13 / 5	11 / 5	10 / 5	10 / 5
[Kent [Mind]Anticipation, complaints from: (6)	1			1				
[Kent [Mind]Anger, irritability (see irritability, quarrelsome); Contradiction, from: (30)	3	3	2	1				3
[Kent [Mind]Company Desire for: (54)	3	2	2	3	3	2	1	2
[Kent [Generalities]Cold, in general app: (134)	3	3	3	3	3	3	3	2
[Kent [Mind]Forgetful (see memory): (153)	3	1	1	1	3	2	2	1
[Kent [Back]Perspiration: (41)	2	3	3	1	2	2	1	
[Kent [Skin]Eruptions, itching: (109)	2	3	3	3	2	2	3	2

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