

Review Article

Role of Potency Selection and Frequency of Repetition in Treatment of Vitiligo

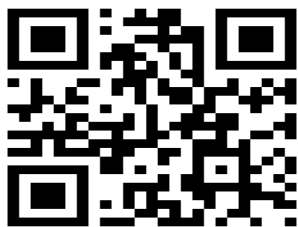
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ABSTRACT

Vitiligo is a long-term condition where pale white patches develop on the skin. It's caused by the lack of melanin, which is the pigment in skin. Vitiligo can affect any area of skin, but it commonly happens on the face, neck and hands, and in skin creases. Vitiligo is a disorder that causes the skin to lose its color.

Keywords: Potency, homoeopathy, vitiligo



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INTRODUCTION

The study includes an extensive study of various text books and reference books of Homoeopathy and in review to available large literature, an attempt is made to understand Vitiligo cases and different factors which influence the outcome of the treatment.

It was observed that even with well selected or prescribed remedy based according to the principles of homoeopathy may not produce the desired results due to failure of selection of the right potency and its timely repetition. Although, many observational studies have shown effectiveness in treating Vitiligo while none of the studies have demonstrated clarity over the potency selection and its frequency of repetition

Potency

The potencies are energized dilutions (or attenuations) of the mother tinctures of homoeopathic remedies.

Potency numbers which follow the name of the homoeopathic remedies indicate the number of sequential or serial dilutions and successions (potentisation steps) of the original mother tincture. It follows, therefore, the greater the potencies number the greater the dilution.

Potency numbers must be qualified by denoting the potency series in terms of the decimal or

centesimal series. suffixes to the potency numbers may be:

X denoting serial dilutions in the ratio of 1 part mother tincture to 9 parts of a solution of alcohol and water, that is dilutions in the ratio of 1:10 – the decimal series of potencies.

C denoting serial dilutions in the ratio of 1 part of mother tincture to 99 parts of a solution of alcohol and water, that is dilutions in the ratio of 1:100 —the centesimal series of potencies.

Nature of potencies

‘Potency’ means literally power or strength. In the potentisation procedure, succussion energies the dilution and this is stored as potential energy. The view generally held is that this energy is released from the infinitesimally small, catalytic homoeopathic dose as kinetic energy, activating or stimulating the body’s own natural defense mechanism to effect the cure, it might be assumed that the higher the potency (and hence the higher the dilution) the greater the (healing) power, but although this is often the case, it is not strictly true, as we must consider this power in terms of the correct choice of potency for a particular case. Given the selection of the correct remedy in a case, potencies may modify or enhance the therapeutic activity of the remedy. It

is therefore, a power full tool in the hands of the practitioner. Whilst potency is important in homoeopathic prescribing, the choice of the correct remedy according to the law of similar is of prime importance. Hence, if the correct remedy is chosen to treat an illness it may lead to some improvement in the illness whatever the potency prescribed, on the other hand the incorrect remedy will be of no value whatever the potency prescribed.

As Hahnemann discovered, potencies, through their high dilutions, overcome the often-toxic nature of the concentrated (allopathic) dose. Indeed, this was his original aim. the modifying or enhancing influence of high dilutions on therapeutic activity proved subsequently to be of equal benefit.

Methods

Retrospective case study was conducted over 30 Vitiligo cases with reference to understanding of the parameters that influence potency selection and the frequency of repetition. The selected cases have completed over 12 months or more of Homeopathic treatment and all of them have been treated with similimum i.e. constitutional prescription. All types of Vitiligo were included including generalized Vitiligo.

The results were considered upon the objective parameters such as repigmentation, stopping further spread of the disease and recurrence.

Results

The response of treatment; all cases of segmental Vitiligo responded well to potency ranging from 30, 200, 1M however, the potency given to Psoric is 200 and Tubercular miasm 1M with infrequent repetition i.e. 2 doses once a month.

Most of the patients with focal Vitiligo have responded to 1M with infrequent repetition without any further stepping of the potency with Tubercular miasm while patients with sycotic miasm responded well to 30 potencies with frequent repetition i.e. 2 doses weekly.

Mixed Vitiligo or spreading generalized Vitiligo required frequent repetition irrespective of the potency selection.

The frequency of repetition in all Vitiligo types were identified during the prodrome stage of the disease which help arrest the spread of the disease preventing relapse and helping in repigmentation.

All cases with underlying illnesses, family history of Vitiligo or other auto-immune disease did respond well. The responses were equivalent in both genders

CONCLUSION

This is to conclude irrespective of age, gender, family history of auto-immune disease or any other underlying illnesses; the potency selection is based upon the understanding of correct miasmatic understanding. While repetition of the remedy was observed based upon the type of Vitiligo.

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