

Review Article

Homoeopathic Management of Uterine Fibroid

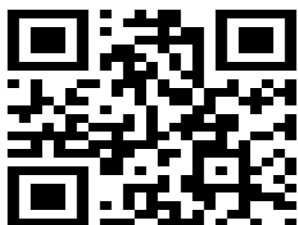
Nishtha Jitendra Joshi and Toofan Chakrobarty

Guru Mishri Homoeopathic Medical College & PG Institute, Shelgaon, Jalna

ABSTRACT

Uterine fibroid are noncancerous growths of the uterus that often appear during childbearing years. Also called leiomyomas or myomas, uterine fibroids aren't associated with an increased risk of uterine cancer and almost never develop into cancer. The article aim is to provide a view in homoeopathic management of uterine fibroid and presentation of uterine fibroid in human body.

Keywords: Uterine fibroid, homoeopathic management, treatment



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Address for Correspondence:

Dr. Nishtha Jitendra Joshi

Guru Mishri Homoeopathic Medical College & PG Institute, Shelgaon, Jalna (MS) India

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INTRODUCTION

Uterine fibroids also called leiomyomas are growths made up of the muscle, connective tissue from the wall of the uterus. These growths are usually not cancerous. Fibroids can grow as a single nodule (one growth) or in a cluster. Fibroid clusters can range in size from 1 mm to more than 20 cm (8 inches) in diameter or even larger. For comparison, they can get as large as the size of a watermelon. These growths can develop within the wall of the uterus, inside the main cavity of the organ or even on the outer surface. Fibroids can vary in size, number and location.

Fibroids are actually a very common type of growth in your pelvis. Approximately 40 to 80% of people have fibroids. Many people don't experience any symptoms from fibroids, so they don't realize they have fibroids. This can happen when you have small size fibroids called asymptomatic because they don't cause you to feel anything unusual.

Risk factor

Obesity

Late menopause

Over use of contraceptive pills

Family history

Early menarch

Clinical features

Heavy bleeding

Bleeding between your periods.

A feeling of fullness in your lower abdomen/bloating.

Low back pain.

Constipation.

Chronic vaginal discharge

Inability to urinate or completely empty your bladder.

Increased abdominal distention (enlargement), causing your abdomen to look pregnant.

Frequent urination

Pain during sex

Diagnosis

Generally, symptoms and during pelvic examination the fibroids can be diagnosed but there are some confirmatory tests done for it.

Ultrasonography: This non-invasive imaging test creates a picture of your internal organs with sound waves. Depending on the size of the uterus, the ultrasound may be performed by the transvaginal or transabdominal route.

Magnetic resonance imaging (MRI): This test creates detailed images of your internal organs by using magnets and radio waves.

CT SCAN: A CT scan uses X-ray images to make a detailed image of your internal organs from several angles.

Hysteroscopy: During a hysteroscopy, your provider will use a device called a scope (a thin, flexible tube with a camera on the end) to look at fibroids inside your uterus. The scope is passed through your vagina and cervix and then moved into your uterus.

Hysterosalpingography (HSG): This a detailed X-ray where a contrast material is injected first and then X-rays of the uterus are taken. This is more often used in people who are also undergoing infertility evaluation.

Sonohysterography: In this imaging test, a small catheter is placed transvaginally and saline is injected via the catheter into the uterine cavity. This extra fluid helps to create a clearer image of your uterus than you would see during a standard ultrasound.

Homoeopathic management

Thlaspi bursa

Thlaspi Bursa Pastoris is one of the top homeopathic medicines prescribed for uterine fibroids with very heavy menstruation. It is given in cases where the periods are prolonged, frequent, and very painful. The medicine reduces the intensity of the symptoms and provides significant relief from the troubles of uterine fibroids.

Calcarea carb

Calcarea Carb is another amazing homeopathic remedy for heavy and frequent periods, sometimes accompanied by vertigo. The troubles usually increase a tiring and straining day. In such cases, Calcarea Carb reduces the sharp and cutting pain of periods and also alleviates the feeling of heaviness of uterine fibroids.

Calcarea flur

The homeopathic medicine Calcarea Fluor is prescribed in the cases of fibroids that are large and hard. Calcarea Fluor is the best homeopathic medicine for the treatment of multiple fibroids. It restores the elasticity of the smooth muscles in the uterus and helps

shrink uterine fibroids. In addition to this, Calcarea Fluor also subsides the pain and heaviness of uterine fibroids.

Sepia and Belladonna

Belladonna and Sepia Officinalis are prescribed in cases where the uterine fibroids cause a lot of pain during periods. If the pain causes a cramping sensation in the abdominal region, Belladonna can have great positive results. On the other hand, Sepia Officinalis greatly reduces the burning pain of uterine fibroids. Sepia also reduces the bearing down sensation and protects against recurrent vaginal and urinary tract infections due to uterus enlargement.

Fraxinus americana

This medication helps to control the size of the uterus. It also cures uterus tumors and outgrowths in the uterus (fibroids) along with cramps of feet. After childbirth, the uterus does not return back to its normal size. Fraxinus Americana Mother tincture promotes in coming out (bearing-down) of the uterus. Fraxinus Americana Mother tincture also helps in the conditions such as Displacement of the uterus (prolapse) and Watery discharge from the vagina. Fraxinus Americana Mother tincture relieves pain in the left lower part of abdomen extending down towards thighs.

CONCLUSION

These are the few homeopathic remedies with indication for the treatment of Uterine fibroid. But the final selection of the remedy must be based on Individualization, after taking proper case and correct investigation.

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