

Review Article

Psoriasis and Its Homeopathic Treatment

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ABSTRACT

Psoriasis is a chronic inflammatory skin disorder clinically characterized by erythematous, sharply demarcated papules and rounded plaques, covered by silvery scale. Its various prurities. Homeopathic treatment for psoriasis, the most efficient therapy provide a gentle approach in treating severe itching and scale skin. It just not treat just a disease, but is prescribe on the basis of physical, emotional and genetic makeup of an individual.

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INTRODUCTION:

A condition in which skin cells built up and form scales and itchy, dry patches. And it is a long lasting autoimmune diseases. Psoriasis varies in severity form small, localized patches to complete body coverage.

Types of psoriasis

There are five types of psoriasis;

- 1] Plaque / psoriasis vulgaris
- 2] Gultate
- 3] Invers
- 4] Pustular
- 5] Erythrodermic

Etiology

The cause of psoriasis is unclear but involves immune stimulations of epidermal keratinocytes.

- i] Injury
- ii] Sun burn
- iii] HIV Infections
- iv] Beta heamolytic streptococcal infections.
- v] Drugs like beta blockers etc.
- vi] Emotional stress and alcohol consumptions .
- vii] Obesity
- vii] Tobacoo and smoking.

Signs and symptoms

Psoriasis vulgaris is most common form and affects 85% to 90% of people.

- 1] Red patches on skin covered with thick, silvery scales.

- 2] Small scaling spots mostly in children's
- 3] Dry, cracked skin that may bleeds .
- 4] Itching, burning, and soreness.
- 5] Thickened, pitted or ridged nails.
- 6] Swollen and stiff joints

Differential diagnosis

- 1] Seborrohoic eczema,
- 2] Discoid eczema.
- 3] Pityriaesis eczema,
- 4] Secondary syphilis etc.

Homeopathic treatment

Homeopathic treatment for psoriasis is a natural and genetic system of medicine that utilize small doses of well researched remedies to inhance the body natural healing process.

Its act on both Psychology and Physical level of child and help to relieve the symptoms of psoriasis.

1] Arsenic album

It is anxious, restless and compulsively neat and orderly. They are often deeply chilly, experience burning pain with mainy physical complaint and became exhausted easily. The skin is dry and scaly and its tend to easily infected, scratching cause make the itching worse, and appling heat brings relief.

2] Graphitiers

The skin looks rough and leathery skin with cracks and soreness. Itching is often worse from getting warm and person may scratch the irritated place till they bleed. Trouble concentrating

special in the morning is also often seen when this remedy is needed.

3] Sulphur

Intensely burning, itching, inflamed eruptions that are worse from warmth and bathing suggest a need for this medicine. Affected areas often look bright red and irritated with scaling skin that gets inflamed from scratching. This remedy sometimes helpful to people who have repeatedly used medications to suppress psoriasis.

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