

## Case Report

### Corn: Treated with Homoeopathy – Case Report

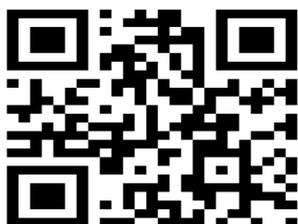
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#### ABSTRACT

Skin is the protective covering of our body. Corn, also called as callus or Heloma drums split –sized, hard, flat horny formation commonly present on the feet, sometimes deeply seated and painful on pressure, resulting in discomfort. Corn reoccurs many times. A case of corn of great toe of both the feet illustrated here, cured with homoeopathic medicine. Patient tried other modes of treatment previously but no result. Homoeopathic medicines have great potential to cure such a case.

**Keywords:** Corn, Homoeopathy, Local maladies



QR Code for Mobile Users

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**Conflict of Interest:** None Declared!

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#### INTRODUCTION

Skin is the protective covering of our body and it serves various important functions mostly excretion and secretion which helps to us for regulation of our body temperature. Corns, or callus or Heloma drums, are composed of accumulation or collection of the horny layer cells which generally are pressed together into a conical mass that goes deeply downwards. Corns may be soft or they may be soft structurally. Ill – fitting shoes and deformed are the frequently causative ailments in most case. The internal cause like acid– alkali imbalance also predisposing factor for the formation of corn.

Dr. Hahnemann in his Organon of medicine has explained in detailed about local maladies and its treatment from Aph. no. 185- Aph . - 203.

In Aph 186 he explained about local maladies, external obstacles require mechanical aid.

Where as in Aph. 187, those affections, alterations and ailments appearing on external obstacles require mechanical aid <sup>1</sup>.

Where as in Aph .187, those affections and

ailments appearing on external parts that do not arise from external injury, their sources lie in some internal malady. If the corns are the outcome of acid – alkali imbalance, the physician’s duty is to suggest the sick to change the diet and include fresh, raw alkalizing food so as it will help to decrease the tendency. Vegetables and fruits even sour fruits are rich source of alkalis. Vegetables such as cucumber, spinach, cherries and raspberries are alkali in nature, whereas meat, dairy products and most of the grains are acid forming in nature<sup>2</sup>. Conventional treatment methods are usually invasive, have low efficacy, and need long recovery periods.

#### Case:

A male patient aged 52 years, Bank Employee by profession presented with pains in the right knee, since last 6 month and corns on the sole of the great toe of both the feet since last 15 years.

Name: Mr. X.Y.Z.

Age: 52 years

Sex: Male

Occupation: Bank Employee

Date: 18/02/2021

Chief complaints:

1. Pain in the right knee, since last 6 months.
2. Corns since 15 years.

History of Chief complaints

1. Pain in the right knee, since last 6 months. Sharp, neuralgic type of pains which come and go.  
<:Sitting on the floor with knee's crossed  
<:Movement  
>:Warmth  
>:Slowrubbing  
Concomitant : cramps in the calf muscle , especially at night .
2. Corns on the sole of the great toe of the both the feet.  
Corns are horny, painful & hard  
<: pressure.

Family History:

Father: Died of Leukemia

Mother: Diabetic

Past history: Infected with Herpes 2-3 years ago.

Physical Generals:

Appetite: Normal

Desire: Sweets<sup>++</sup>, Fish<sup>+++</sup>, Milk<sup>+++</sup>

Aversion: Salty food<sup>++</sup>

Tongue: Clear, moist

Perspiration: Profuse, especially marked over the neck.

Thirst: 8-10 glasses / day

Urine: Normal

Stools: Satisfactory

Sleep: Sound

Position of sleep: Back

Mental Generals:

Calm and quiet, introvert type of persons, always wants to be occuoied mentally.

Selection of symptoms for repertorization:

- 1.Pain in the right knee.
- 2.Neuralgic type of pains.
3. Pains when squatting.
- 4.Pains on motion.
5. >: rubbing
- 6.>: warmth
- 7.Cramps in the calf, especially at night.
8. Corns on the great toe of both the feet.
9. Corns are horny.
10. Corns are painful.
11. Desires sweets<sup>++</sup>
12. Desires Fish<sup>+++</sup>

13. Desires Milk<sup>+++</sup>

14. Aversion to salty food.

15. Profuse perspiration , especially marked over the neck.

16. Reserved<sup>+++</sup>

17. Wants to be occupied mentally .

Analysis and Evaluation :

Mental Generals

1.Reserved<sup>+++</sup>

2.Wants to be occupied mentally.

Physical Generals :

1.Desires sweets<sup>+++</sup>

2.Desires Fish<sup>+++</sup>

3.Desires milk<sup>+++</sup>

4. Aversion to salty food.

5.Profuse perspiration , especially marked over the neck .

Particulars :

1.Pains in the right knee.

2.Neuralgic type of pains.

3.Pains when squinting.

4.Pains on motion.

5.> : rubbing

6.> : warmth

7.Cramps in the calf, especially at night .

8.Corns on the great toe of the feets .

9.Corns horny.

10.Corns are painful.

Reportorial Analysis:

Repertory used: Kent's Repertory.

S. No.	Chapter	Rubric	Sub-rubric	Susb-sub rubric	Page no.
1.	Mind	Reserved <sup>+++</sup>	-	-	72
2.	Mind	Work	Desire for mental	-	95
3.	Stomach	Desires	Sweets <sup>++</sup>	-	486
4.	Stomach	Desires	Fish <sup>+++</sup>	-	485
5.	Stomach	Desires	Milk <sup>+++</sup>	-	485
6.	Stomach	Aversion	Salt food	-	482
7.	Back	Perspiration	Cervical region	-	944
8.	Extremities	Pain	Knee	Right	1072
9.	Extremities	Pain	Knee	Neuralgic	1073
10.	Extremities	Pain	Knee	Motion	1073
12.	Extremities	Pain	Knee	Rubbing , amel	1073
13.	Extremities	Pain	Knee	Warmth , amel	1074
14.	Extremities	Cramps	Calf	Night	975
15.	Extremities	Corns	-	-	969
16.	Extremities	Corns	Horny	-	969
17.	Extremities	Corns	Painful	-	969

ELIMINATING RUBRIC: Reserved

Remedy name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Aeth																		1
Alum	1																1	2
Arg.n	1		3											1				5
Ars.a	1		1		2									1				5
Aur	1				2													3
Bell	1								1									2
Bism	1																	1
Calc	2		2		2					1				3	2		1	13
Caps	1																	1
Carb.an	1													1	2			4
Caust	1													1	2		1	5
Cham	1																	1
Chin	1		3					1							1			7
Clem	1		1															2
Coloc	1														1			2
Cycl	1																	1
Dros	1																	1
Euph	1																	1
Euphr	1																	1
Grat	1																	1
Hell	2																	2
Hyos	2																	2
Ign	2										1				2		1	6
Indg	1																	1
Ip	1		2															3
Lach	1																1	2
Lyc	1		3											3	3		2	12

Mag.c	1				1								2				4
Mang	2				1												3
Mur.ac	2																2
Nat M	1		1	2	2	2	1							2		1	12
Nit.ac	1						2						2	1		2	8
Nux.V	1		1		2								2	2		1	9
Olnd	1																1
Op	1		1				1										3
Petr	1		1						1				1				4
Ph.ac	1				2												3
Phos	1			1			2				2					1	7
Plat	2																2
Plb	1		2							2			1				6
Puls	2															1	3
Rheum	2															1	3
Sabad	1		2							1							4
Sabin	1		2		2												5
Spong	1				1												2
Stann	2																2
Verat	1									1							2

Repertorial Result: Calc carb: 13/7, Lyco : 12/5

Nat.mur : 12/8

Remedy of choice: Calc carb 30 single doses  
S.L.2gcb. TDS X 8 Days

Next follow up:

25/02/2021

No change

Pain in the right knee as it is.

Also, no change in the corns. Pains still present. Only the cramps have become less.

S.l. 2glb. TDSx 8 days

08/03/2012

Perspiration have decreased.

Pains in the knee, has slightly decreased cramps occasional. Pains in the corns have also decreased,also it has become soft

Rx : 2glb T.D.S. X 8days.

18/03/2021

Outermost layer of the corn peeled off 2-3 days ago.

Pain in the corns have decreased.

Perspiration decreased.

Pain in the right knee has increased. No other change.

Lyco . 200 Single dose.

S.l. : 2glb T.D.S. X 8days.

30/03/2021

Pain in the right knee has subsided, but now the left knee is affected.

Felt much better without any medicines, last month.

The size of the corns has become very very small.

It can be tracked only on applying pressure with thumb, as it pains.

Rx : Lyco . 1M Single dose.

S.L. 2glb . T.D.S. X 8 days

22/07/2021

Future improvement in the corn.

Pains after pressurxxe have decreased have decreased. Pains in the knee has also decreased.

Overall feels better.

Rx : S.L. : 2glb. T.D.S.x 8 days

The patient did not turn up for follow up.

### CONCLUSION

Corns are one of the ignored local malady. 60 percent of people do not bother to take any treatment. They get into a tendency of cutting it every now and then it grew and start causing problems for themselves.

Most of them get cauterization treatment at O.P.D. level and are satisfied with it, as the corns are mostly located at the feet and do not affect personality they prefer the way.

Since awareness of Homoeopathy is increasing day by day amongst common people, they have started approaching towards it. And due selection of exact

similimum i.e., their constitutional remedy they got the cure from inside out and corn get irradiated from the root and no recurrence is there.

According to Dr. E.P. Anshuts: Nearly all corns come from tight shoes . A good remedy for soft corns is to saturate absorbent cotton with succus calendula and apply it over the corns<sup>4</sup>.

According to Lilienthal, the principal remedies which indeed help in corns are, Ant .Crud , Calc. carb , Ferr. Pic., Led , Ran. , Scel , Sep , Sil, Amm , Carb . an , Ign . ,Petr ,Lyc , Nit ,Ac ,Sulph<sup>5</sup> .

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